

HeadEd Questionnaire (part 1) – Opinion section

This section can be used in different ways:

- (a) to assess whether the teaching of these resources has improved the tolerance of students towards people with mental ill health; or
- (b) as a basis for discussion at the end of the course in Lesson 7.

Either way, the questionnaire should always be completed anonymously and it should be made clear to the students that they are not being judged on their opinions. There are no “correct” or “incorrect” answers in this section.

If you wish to track the improvement (or otherwise) over the block of teaching, you will need to ask your students to complete the questionnaires both BEFORE the course starts and AFTER the lessons have finished. You can either:

- 1) complete this on paper and score it yourself manually using the instructions below, then compare the Before and After scores; or
- 2) ask us for an electronic version for the students to complete online (PC/tablet/smartphone) - we can then provide an analysis for you. Please email mhisproject@york.ac.uk if you are interested in this option. The electronic version covers both the Knowledge questions and the Opinion questions.

Scoring

The mean (average) score will range from 1 to 6, where 1 is “tolerant” and 6 is “intolerant”. A lower mean score at the end of the course implies that students have improved in tolerance over the course of lessons.

		Most tolerant answer	Score
1.	Mental illness is an illness like any other	1	Student's answer
2.	Most patients in mental hospitals are not dangerous	1	Student's answer
3.	Although patients discharged from mental hospitals may seem alright, they should not have children	6	7 minus Student's answer
4.	It is easy to recognise someone who once had a serious mental illness	6	7 minus Student's answer
5.	If one of my family members had a mental health problem, I would be embarrassed if my friends knew	6	7 minus Student's answer

6.	There is something about mental health patients that makes it easy to tell them apart from other people	6	7 minus Student's answer
7.	Even though patients in mental hospitals behave in funny ways, it is wrong to laugh about them	1	Student's answer
8.	People who have had mental illness should be encouraged to stick together with others like themselves	6	7 minus Student's answer
9.	People who have had serious mental ill health problems will never be their old selves again	6	7 minus Student's answer
10.	It's OK to call someone with a mental illness 'crazy' or 'a nutter'	6	7 minus Student's answer
11.	People with mental illness are much more of a danger to themselves than to other people	1	Student's answer
12.	People who claim to have a mental illness are often just faking it or have a bad attitude	6	7 minus Student's answer
13.	People with schizophrenia should be locked up for everyone's safety	6	7 minus Student's answer
14.	You can 'catch' mental illness from other people	6	7 minus Student's answer
15.	I would be afraid to talk to a classmate with mental health problems	6	7 minus Student's answer
16.	If the person sitting next to me in class had a mental health problem, I would rather sit somewhere else	6	7 minus Student's answer
17.	I couldn't be friends with a person with a mental health problem	6	7 minus Student's answer
18.	I couldn't date somebody with a mental health problem	6	7 minus Student's answer
	Student's total score	=	
	Student's mean score = Total divided by 18	=	